



# Do You Know What To Do In An Emergency?



## WHY TAKE THE CERT TRAINING?

Well, it's like paying for car insurance. You might never need it, in fact you hope you won't. But if the occasion arises, having the CERT training, just like having car insurance, means you're as ready as you can be to help yourself, your family and your neighborhood in an emergency situation.

Class members receive 17 1/2 hours (one day a week for seven weeks) of initial training. CERT is provided free of charge within the city of Los Angeles to anyone 18 or over.

Classes are taught year-round, Monday-Friday, morning, afternoon, or evening. We will come to your location. Classes can be held anywhere in the City of Los Angeles. CERT members are trained in basic disaster response skills such as fire safety, light search and rescue, team organization and disaster medical operations. You will learn how to prepare for emergencies, what supplies you should NOW have in your house, how much food, how much water but most importantly, how to protect your family in an emergency!

It is important to know, if a major disaster occurs, the LAFD, paramedics, police... WILL NOT COME! They will be deployed FIRST to major incidents such as collapsed buildings. That is why you constantly hear... You MUST be prepared to take care of yourself. In the CERT course they say...

***"The Greatest Good for the  
Greatest Number of People"***

When you are trained, you are far more equipped to deal with your circumstances without needing aid from outside sources.

**Take CERT training for:**  
Yourself  
Your family  
Your workplace  
Your neighborhood  
**CERT Classes Are FREE!**

## CERT Course Class Topics

- Personal & Family Preparedness
- Earthquake Preparation
- Disaster Preparedness
- Team Organization
- Disaster Psychology
- Medical Operations
- Medical Triage
- Damage Assessment
- Fire Suppression
- Fire Chemistry
- Hazardous Materials
- Utility Control
- Light Search & Rescue
- Full Disaster Simulation



This was a CERT call-out to assist during the Station Fire. CERT members were a great help at such an awful time by directing traffic, giving directions & patrolling the Fire Fighting Staging Area at Hansen Dam. This freed up emergency personnel for more critical tasks.

## Free Emergency Preparedness Booklet

**"Download the Emergency Preparedness Booklet by the Los Angeles Fire Department."**

**[cert-la.com/emergprepbooklet.pdf](http://cert-la.com/emergprepbooklet.pdf)**

This is well worth your time and has critical information for you and your family's survival in an emergency.



CERT Training-Refresher

## ***If a major earthquake hits, do you ...***

- have enough supplies for a minimum of 72 hours up to an entire month for all family members, including pets?
- know how to turn off the gas?
- know how to safely turn off the power?
- know how to apply first aid?
- have enough water for all of your family and your pets?
- have provisions for living outside your home for a length of time if the structure is compromised?

CERT classes are given by the Los Angeles Fire Dept.  
Please sign-up for the classes at:

**[cert-la.com/classmaps](http://cert-la.com/classmaps)**

We invite you to browse the ***cert-la.com*** website where you will find valuable and instructive information.