

# Just Be Ready. Prepare Together.



## EMERGENCY PREPAREDNESS CHECKLIST

# 10 Essential Items For An Emergency Kit



### 1. Water

Three days to a week supply - one gallon per person and per pet per day. Remember your pets!



### 2. Food

Three days to a week supply of non-perishable foods and a manual can opener. Remember your pets!



### 3. Cash & Important Documents

(deeds, insurance papers, medical cards, birth certificates, etc.)



### 4. Clothes

Sturdy shoes, and comfort item for each family member



### 5. Flashlight

and extra batteries



### 6. First Aid Kit

and manual



### 7. Medicine

Over-the-counter and prescription medications, and supplies (like syringes, "g-tube" supplies, etc.).



### 8. Radio

and extra batteries



### 9. Toiletries

(diapers, sanitary napkins, trash bags, toilet paper, and paper towels)



### 10. Tools

for medical equipment (like oxygen tank wrench), fire extinguisher, adjustable wrench, sturdy gloves and whistle

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