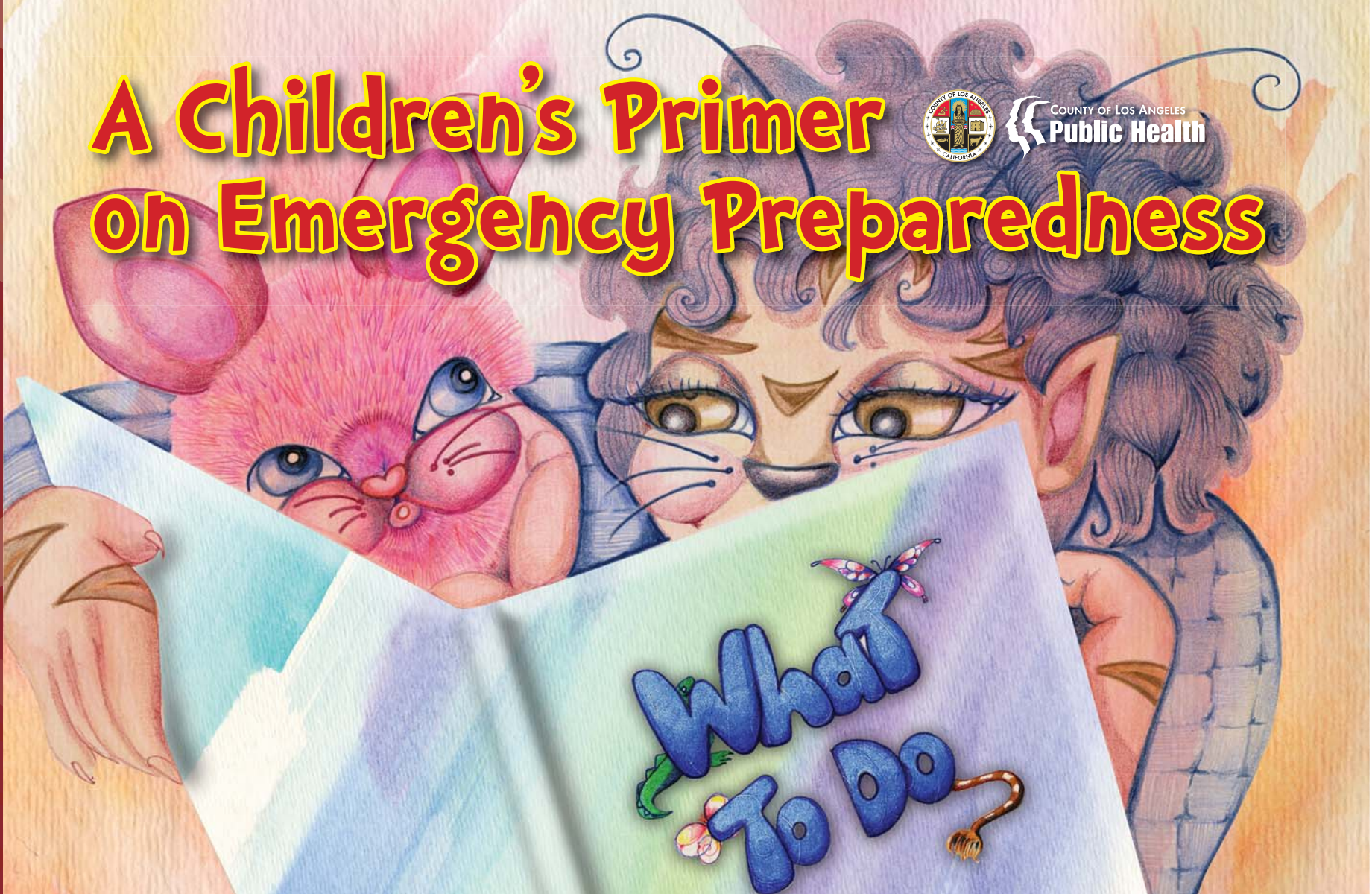


A Children's Primer on Emergency Preparedness



What
To Do







This book is to help us
Learn what to do
In case of emergency
To help me and you

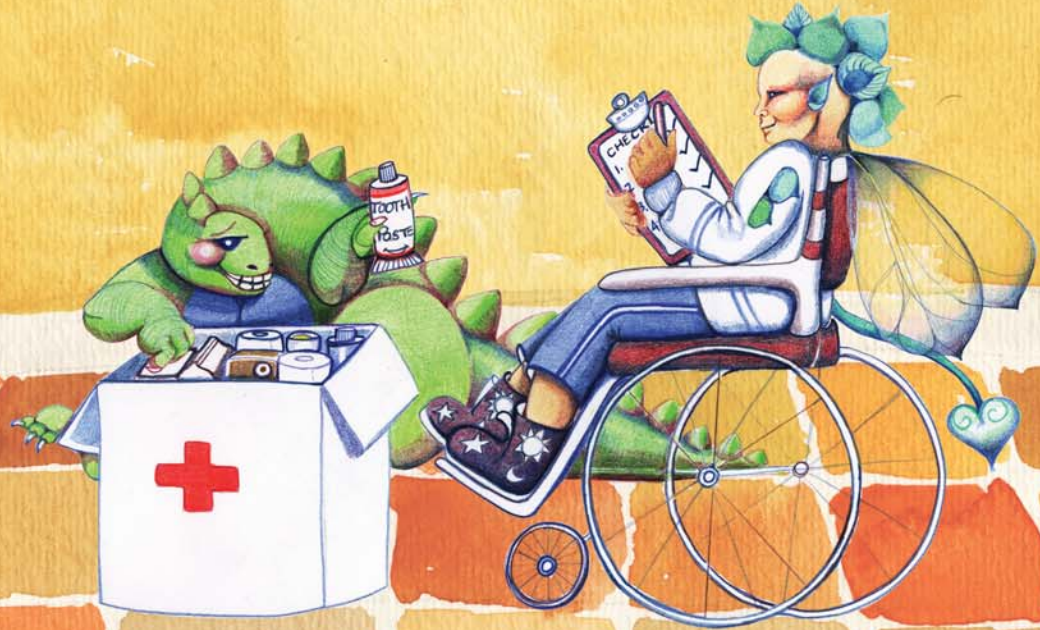
We have to get ready
It will help us be strong
And if we make a plan now
We cannot go wrong





Because bad things
can happen
And scary ones too
It is very important
That you know what to do

Let's look for our kit
That will help us, indeed!
We'll check to make sure
It has all that we need





Water and food

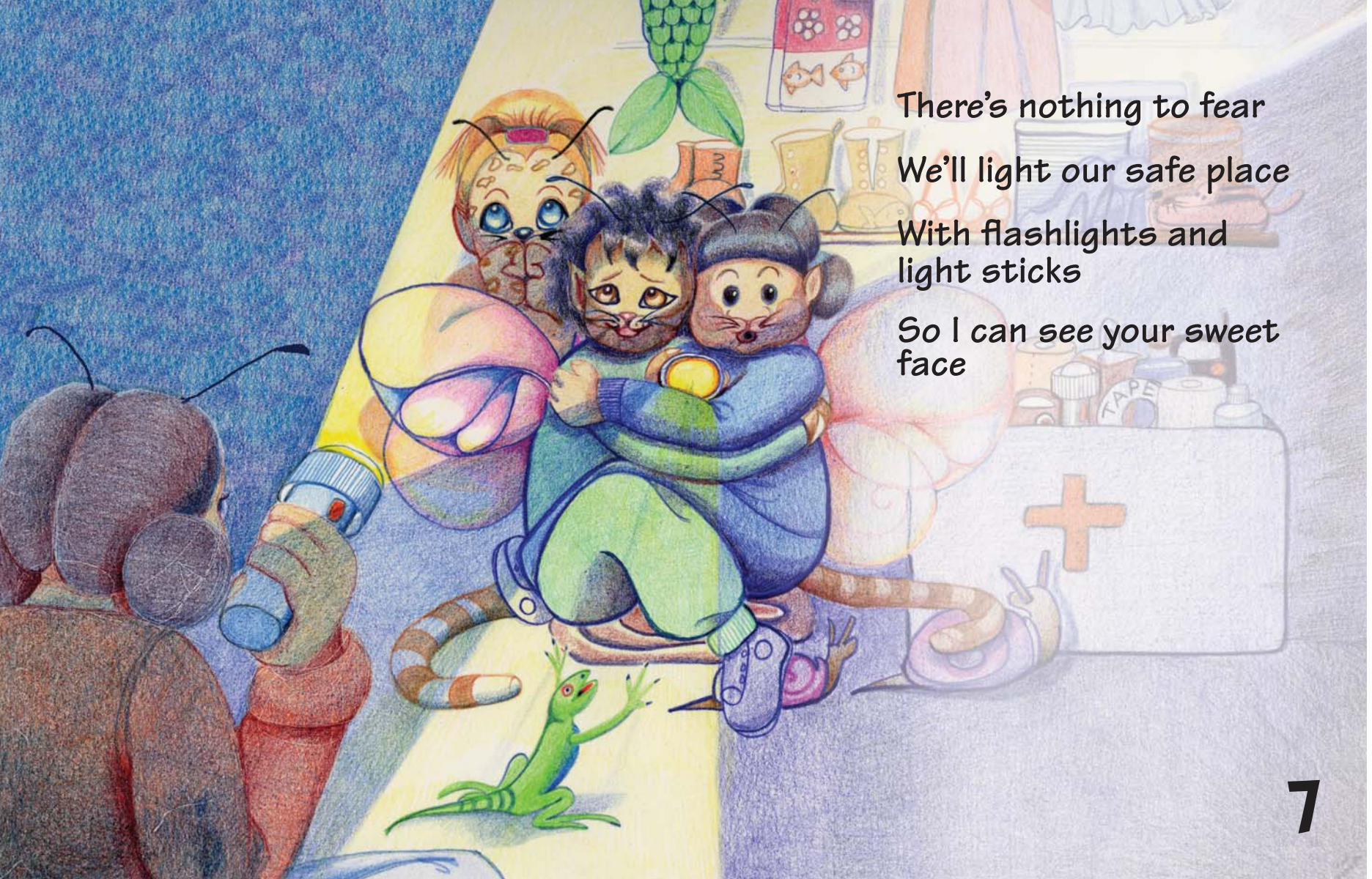
Tools and supplies

Medicine we take

And clothes in all sizes

A flashlight inside
In case there's no light
Will help us get through
If we need it at night





There's nothing to fear
We'll light our safe place
With flashlights and
light sticks
So I can see your sweet
face

Now let us prepare
What we should do
If an emergency happens
To help me and you

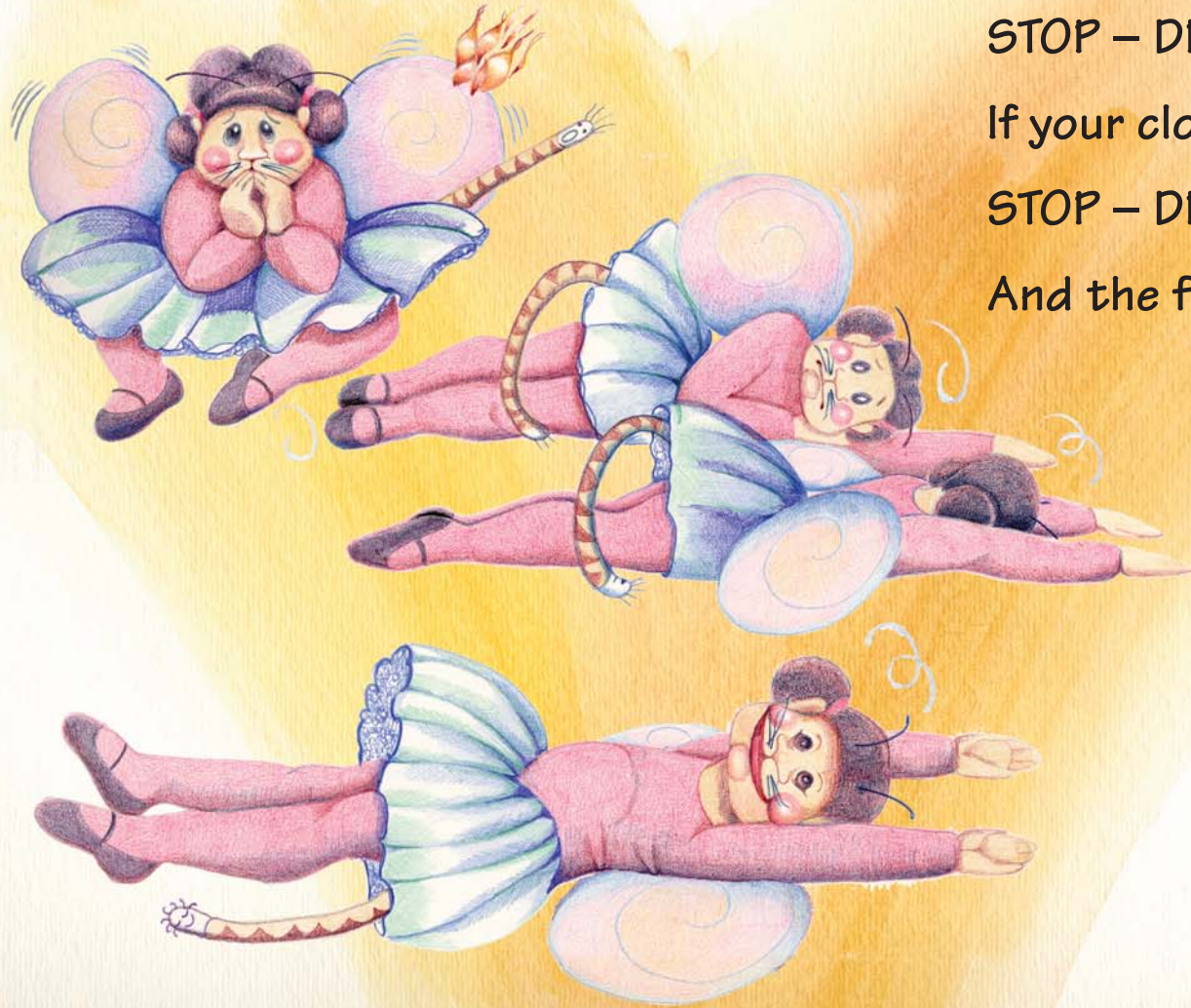


In case of a fire
Don't stay inside
Get away from the flames
But don't run and hide



Make sure you find someone
To show you're OK
Wait with them 'til I find you
And stay out of the way





STOP – DROP—and ROLL
If your clothes catch fire
STOP – DROP—and ROLL
And the flames will expire

And if the ground shakes
Like the floor has got wings
We'll DROP—COVER—and HOLD
To avoid falling things





DROP—COVER—and HOLD

When the house shakes

DROP—COVER—and HOLD

When there are earthquakes

We may have to leave
And stay somewhere else fast
Until our home is made safe
And we're back here, at last!






And...If someone is hurt
By a knife or a gun
Run to the phone
And dial 9 -1-1

Stay on the phone
And do what you hear
Tell them what happened
They will soon be here





And if there's a tornado
Where should we go?
To a basement or room
Without windows below

We'll wait 'til it passes
It shouldn't be long
But we won't come out
Until it is gone



And if the sun's heat
Makes it too hot to play
When we're sweating and hot
Day after day

We'll go where it is cooler
Out of sun—into shade
And drink plenty of fluids
So our energy won't fade



And if you get lost
In a store, park or street
You will need an adult
To help us re-meet



Find a nice lady
And ask for her aid
In following the plan
That together we made





Tell her the number
You want her to call
So she can connect us
In no time at all

And, there may be a time
When we can't be together
Like when you're in school
During storms and bad weather





You need to be brave
And do what they say
Listen to the adults
And do not go play

Stay away from the water
Flooding the street
Don't try to swim through it
Or cross on your feet





Bad things can happen
And scary ones too
But I want you to know
That I'll be there for you

We'll handle the emergency
And together you'll see
We can make things get better
For both you and me



County of Los Angeles Department of Public Health Emergency Preparedness and Response Program
www.labt.org/media

Children preparedness
www.ready.gov/kids/home.html

Los Angeles County Office of Emergency Services
www.espfocus.org

American Red Cross
www.redcross.org

City of Los Angeles Emergency Management Department
www.lacity.org/emd

Governor's Office of Emergency Services
www.oes.ca.gov

National Poison Control Center
1-800-222-1222



10 Essential Items:



1. Water



2. Food



3. Cash &
Important
Documents



4. Clothes



5. Flashlight



6. First Aid Kit



7. Medicine



8. Radio




9. Toiletries



10. Tools

Build Your EMERGENCY Kit Today!





A Children's Primer on Emergency Preparedness

In loving memory...

Tony Taweessup

From the beginning planning stages Tony's great eye for design was instrumental in creating the vision and direction for this project.



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