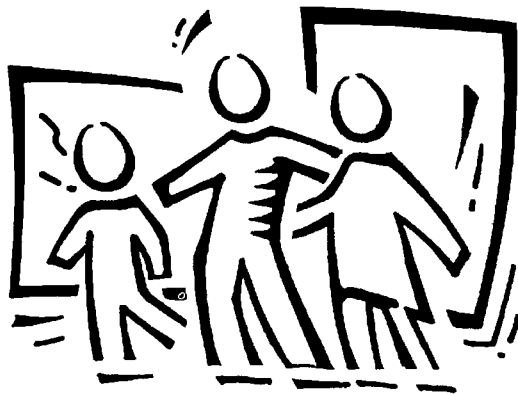


# ESP FOCUS



## EARTHQUAKE ATTACK PLAN



### WHY

**Empower your family with a plan of attack!**

After a damaging earthquake such as last year's magnitude 6.7 Northridge temblor, your family will be your first concern.

The ability to function as a family is essential after an earthquake. It will reaffirm and strengthen one another as well as reduce your family's anxiety.

Prepare your family to respond as a team **TODAY** by developing a family attack plan. Your plan should include identification of safe and danger spots, evacuation routes and utilities as well as provisions for school-age children, persons with special needs, and pets.

Plans should also outline individual responsibilities for each family member and plans for reuniting if family members are separated when an earthquake occurs.

The reverse side of this Focus Sheet includes more details on developing a family attack plan.

Flyer compliments of:

**COUNTY OF LOS ANGELES  
OFFICE OF EMERGENCY MANAGEMENT**

# JANUARY

## MEETING PLANS

It's important that family members know where and how to reunite after an earthquake. Knowing that everyone is alive and well helps family members cope with the situation more easily. Include the following in your family's plan:

- Name and phone number of an out-of state contact
- Location of your family meeting place
- List of EBS radio stations and their frequencies to find out shelter locations and other information

**Children:** Know the policies of the schools and day-care centers your children attend. Include alternates (relatives, friends or neighbors) for picking them up if you are unable to do so.

Make provisions for children who are at home without adult supervision and for pets.

**Persons with special needs:** Plan for family members who have special needs, including:

- Individuals with physical, psychological or other impairments
- Individuals who take special medications
- Individuals who speak languages other than English

**Make provisions for:**

- Special foods
- Medications and medical equipment
- Wheelchairs, canes, walkers
- Strollers
- Evacuation, if required

Store such items in a location that is easily accessible.

## KNOW YOUR ENVIRONMENT

**Safe spots:** Identify objects or places in each room that will provide protection from falling objects:

- Sturdy desks and tables
- Interior walls

Practice taking cover so that your reactions and those of family members will be instinctive.

**Danger spots:** Identify objects or places in each room that pose a danger during an earthquake:

- Appliances
- Windows
- Tall unsecured furniture
- Hanging plants
- Tall unbraced chimneys and masonry veneer
- Heavy objects on shelves

Brace or secure such objects to eliminate or reduce the likelihood of their falling and causing injury.

**Evacuation routes:** Locate exits and alternate ways such as windows to leave your home should the need arise.

Review them with family members and practice using them in family drills.

Communications are a vital part of your family plan. Be sure to leave a note indicating your destination if you leave or evacuate.

**Utility shut-offs:** Show everyone where the shut-offs for the following utilities are located:

- Water
- Gas
- Electricity

Teach everyone **when and how** to shut them off. Do not automatically shut off your utilities after an earthquake. Contact your utility company **NOW** if you're not sure when and how to turn off your utilities.

## PLAN RESPONSIBILITIES

After a quake, you will be checking one another for injuries and applying first aid, if needed; hunting for hazards; checking your home for damage; checking to see if utilities are operating safely; and checking the status of emergency supplies. Use the following cut-out to guide you in assigning family responsibilities.

Function:	Person/backup
First aid:	
Hazard hunt:	
Damage inspection:	
Utilities inspection:	
Emergency supplies:	

This action sheet is produced as part of the Earthquake Survival Program (ESP). ESP is an awareness campaign designed to increase individual and home earthquake preparedness. ESP was developed by the County of Los Angeles. The Governor's Office of Emergency Services and representatives from Imperial, Inyo, Kern, Los Angeles, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara and Ventura counties assist in the development of campaign materials and in coordination of the campaign.

Steps to Survive in *1995*

