ESE FOCUS



ON THE ROAD AGAIN





WHY

You may not be home when the next earthquake strikes!

No one knows whether they will be at home, at work or on the road when a damaging earthquake strikes.

The magnitude 6.7 Northridge earthquake caused the collapse or failure of 11 bridges and overpasses, disrupting traffic for several months.

Fortunately, the earthquake occurred early in the morning on a holiday, while most Californians were in their homes and with their families, rather than on the freeways, at work or school.

What would you do if an earthquake occurs while you're on the road?

Prepare **now** for the next earthquake by keeping an emergency kit for yourselves and other family members in your car and by following the tips offered on the reverse side of this Focus Sheet.

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A U G U S T

PLAN YOUR RESPONSE

If an earthquake occurs while you're on the road and you can safely do so, pull to the side of the road and stop your car. Avoid stopping on or under overpasses, near signs, trees, power lines and other objects that could fall. Stay in your car.

If you are stuck in traffic on or beneath an overpass and observe damage to the structure, turn off your vehicle and calmly move away from the overpass.

Leave a note with your name, address and phone number if you abandon your vehicle. Also include the date and time you left your vehicle and your destination.

CAR AND WORK KIT SUPPLIES

If an earthquake or other emergency severely damages the roadway, you may have to abandon your vehicle and walk home or to a shelter. Prepare **now** for this possibility. Store in your car and at work a backpack, duffel bag or tote bag containing the following emergency supplies:

Essential items

	Battery-operated radio, spare batteries: To obtain official information and instructions.
- f	Flashlights, spare batteries and bulbs: To provide light if you need to walk home, find evacuation routes at night or if the lights are out.
- 6	First aid kit and book: To provide medical assistance to yourself, passengers, coworkers and others who may require aid.
t	Medications: At least a 72-hour supply of essential prescription medications to maintain your health and provide comfort while walking home or waiting for roads to reopen.
	Nonperishable food: Dried fruit, unsalted nuts, etc., to provide energy.
	Nater: At least a 72-hour supply (minimum one gallon per person, per day) to avoid

Optional supplies

☐ Sealable plastic bags and plastic trash

significant losses of body fluids.

bags: To dispose trash, waste, etc., and to use as rain ponchos, tarps or as curtains in car windows.

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Premoistened towelettes: For personal hygiene.
Extra clothes: Shirts, pants, blouses, jackets, etc., that are comfortable.
Sturdy shoes: To protect your feet from broken concrete, glass and other debris.
Work gloves: To protect your hands from sharp objects you may attempt to lift.
Flares: To warn approaching vehicles that your car is stopped or abandoned. Check and/or replace them as needed.
Jacket or sleeping bag: To provide warmth and comfort if you sleep in your car or outdoors while en route home.
Fire extinguisher: To put out small fires.
Local maps: To guide you home if you need to walk or use alternate routes.
Hat, visor and sunscreen: To provide protection from the sun.
Whistle: To attract attention and call for help.
Pen or pencil and tablet: To leave messages if you abandon your car.

TIPS

TPS		
$\hfill \square$ Maintain at least one-half a tank of gas.		
□ Determine alternate routes home.		
☐ Store emergency cash. Include small bills and change.		

This action sheet is produced as part of the Earthquake Survival Program (ESP). ESP is an awareness campaign designed to increase individual and home earthquake preparedness. ESP was developed by the County of Los Angeles. The Governor's Office of Emergency Services and representatives from Imperial, Inyo, Kern, Los Angeles, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara and Ventura counties assist in the development of campaign materials and in coordination of the campaign.

Steps to Survive in .

